

LEH - LADAKH JEEP SAFARI & THE TREK IN HEMIS NATIONAL PARK

Jeep Safari

22-05-10 to 01-06-10 (Jeep Safari.)

- 22-05-10 Pune - Mumbai -Srinagar (Flight) .- Drive to Sonmarg - Stay
- 23-05-10 After Lunch, Drive to Kargil - Stay
- 23-05-10 Kargil - Lamayuru - Leh (Tempo Traveler)
- 24-05-10 Leh (Leh site seeing) (Jeep)
- 25-05-10 Leh - PangongTso - Leh (Jeep)
- 26-05-10 Leh- Nubra valley via KhardungLa (Jeep) Stay at Nubra
- 27-05-10 Nubra valley - Leh
- 28-05-10 Leh - Free day
- 29-05-10 Leh - Delhi -Pune (Flight)

Trek (Optional)

28-05-10 to 31-06-10 (Trek in Hemis National Park)

Hemis is Snow Leopard Bio-Reserve. Trek is from Zingchan to Chiling, We cross 16,500ft KandaLa pass en route Chiling Accommodation- Home stays.

- 01-06-10 Leh - free day
- 02-06-10 Leh - Delhi - Pune (Flight)

End of the trip. Go home with fond memories of the trip.

PACKAGE COST:

Rs.24,000/- for Jeep Safari + Rs.4000/- for the trek(Optional).+ air-fare

(the air ticket may be booked by the clients themselves OR you may please forward us the request to do the same.)

The above cost includes:

* Twin sharing accommodation

- All meals during the Trek
 - * Return Airport transfers with assistance
 - * Complete trekking arrangements. (Members have to bring their own sleeping bags & rucksacks, however the same can be arranged at extra cost if required)
 - * Services of a good local Mountain trek guide for the trek as well guide for the sightseeing
 - * Monastery entrances
 - * Camping fee during the trek
 - * Ground transport by using one 12 seat non ac tempo traveller
 - * Ponies/Horse for carrying ration and camping equipments (members have to carry their personal baggage, requested to bring rucksack).
 - * All sightseeing's as per the itinerary
 - * Wildlife fee in Hemis - Markha National park
 - * All applicable taxes

Prices Excludes:

- * Medical & Travel insurance
- * Return airfare
- * Personal items like mineral water, phone calls, laundry etc.
- * Extra meals / room services / bottled beverages
- * Additional costs due to flight cancellation, road blocks etc.
- * Domestic Airfare
- * Room service & additional meals
- * Porterage & tips at the airport, Hotel/Camp staff & drivers

MUST TO BRING:

- * Good U/V protected sun goggles.
- * Sun Cap
- * Sun cream lotions
- * Personal Flash torch
- * Comfortable clothing / no formals
- * At least one warm Jacket & a sweater
- * Personal medicines
- * Binocular for wildlife viewing
- * Preferably ankle length trekking shoes
- * Personal sleeping bags

USEFUL TIPS :

- * Say "JULLEY" while meeting people and receiving favors in Ladakh, it means both "Namaste" and "Shukriya"
- * Avoid bringing or using polythene bags as it is strictly banned in Ladakh.
- * All personal garbage like pack lunch boxes, wafers, mineral water bottles etc must be brought back to your hotel, as littering is prohibited in Ladakh.
- * Always put off your shoes before entering a monastery chapel
- * Take permission from the monks before taking photos inside the monasteries.
- * Avoid offerings sweets / tips etc to local children.
- * Always take clockwise direction while visiting Stupas and Monasteries.
- * Smoking / drinking around religious shrines are not welcomed.
- * And always wear your smile, you will win many friends.

FIRST DAY FIRST CARE (Acclimatizing to Ladakh Altitude)

If you are arriving by flight to Leh, it is must to take the FIRST DAY for complete rest to acclimatize to the new altitude of Leh which is at 11500 ft above sea level. Your body takes 24-36 hours to adjust itself to this high altitude. "Rest" means complete lying down in your hotel room without reading or watching TV. It is absolutely very crucial to keep yourself properly hydrated,

so drink enough water. Ladakh is dry in nature and lacks moisture. You are requested not to indulge in any activity immediately on your arrival in Leh.

BEST SEASON:

April to Mid October. Rush period July & August
Winter period from November to March. Tours in these period shall be available with heating system in both the vehicle & the hotel.

HOW TO REACH:

Indian Airlines, Jet Airways and Deccan Airways has daily scheduled flights from Delhi to Leh taking 1hour-15 minutes. Flights are also available from Jammu & Srinagar which are once or twice a week schedule.

REGIONAL FACTS:

Avg. Altitude:	3500 mtr
Avg. Temp:	(Summer) Max 25 / Min 15
Avg. Temp:	(Winter) Max 5 / Min -25
Area:	95,000 Sq. Kms.
Language Spoken:	Ladakhi, Hindi & English
Population:	Approx 2,50,000
Regional Capital:	Leh
ATMs available:	SBI & J&K Bank
Credit Card Facility:	Not accepted by most of the shops, restaurants & hotels.
Mobile :	BSNL CellOne and Airtel.

PLACES OF INTEREST;

- Monasteries such as Shey, Thiksey, Hemmis etc.
- Leh Palace
- War Memorial
- Shanti stupa
- Sindhu darshan
- Nubra valley – It is a high altitude desert, the road to Nubra is via Khardungla (Pass) which is highest motorable road in the world at 18,380 Ft. above sea level
- Pangong Tso – Salt water lake at an altitude of about 15000 Ft. above sea level.
- Hemmis National Park which houses Snow leopards & various mountain goats such as Blue sheep (Bharal), Aargali, etc. & other animals such as Marmots, Tibetan woolly hare, Snow cocks and many more.
- The confluence of rivers Zaskar & Sindhu is at Nimu. Magnetic hill is situated near Nimu.

GreenEarth Adventures

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